



Role Specification Fitness Consultant

Job title	Fitness Consultant – 1 full time and 1 part time
Location	ROKO health club
Hours of work	Full time - 40 Hours per week, 5 days out of 7 Part time – 20 hours a week
Reports to	Operations Manager
Key Dates	Application Closing Date – 5 pm 30 July 2021. Interviews - W/C 2 nd August

Role summary

An exciting opportunity has arisen at ROKO as we are on the lookout for an incredible Fitness Consultant to join our talented team in a full time capacity at our Health Club.

As a fitness consultant, you will provide a welcoming and professional service to our members that encourages continued and frequent club use. Actively provide instruction, advice, guidance and encouragement on all matters relating to use of the equipment and facilities within the club to enable members goals to be best achieved. Communicate with members verbally and record any significant information relating to members on the club systems. Ensure high standards of health & safety are maintained at all times.

Key Tasks

- Offer advice and correction on exercise technique in an appropriate and sensitive manner both proactively and reactively in line with the Coach's current competency & qualification level.
- Promote and support upcoming events and courses, including gym challenges and promotions running in other areas of the club.
- Ensure equipment inductions and member consultations are completed in line with operating procedures and current industry standards and practice.
- Promote our reputation for exceptional standards of customer care and service at all times both in and out of the Club.
- Maintain and enhance your professional qualifications through active participation in Continued Professional Development (CPD).

Requirements of the role:

- We are looking for a team player. An individual that will thrive in a vibrant environment and generate energy on the gym floor with an inspirational approach to a healthy lifestyle



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- Positive attitude is a must as well as a want to help people of all shapes and sizes to achieve their goals.
- Excellent communication skills are a must as you will be the point of contact for our members and guests ensuring each and every person receives first class treatment.
- A minimum level 3 REPS/CIMSPA instructor qualification is essential.

How to apply

The Club will not consider applications via third parties.

To apply send your CV and cover letter to Lina Small – hr@pompeyfc.co.uk no later than 9 am on 1 August 2021.

Interviews will be held at the club in the week commencing 2 August 2021

If you don't hear from us within 7 days of the closing date, please consider that your application was unsuccessful.

General information

We're committed to diversity and inclusion and want people from all walks of life to apply for our vacancies. We are a disability confident employer and will make reasonable adjustments throughout the recruitment process to help you. If you need any support with your application, please get in touch with us. We are happy to help.

Safeguarding

Portsmouth Football Club is committed to the safeguarding and welfare of all children, young people and adults at risk and this is endorsed by the club's board. We are committed to ensuring that any club related activity will be in a safe environment where children, young people and adults at risk are protected from harm or abuse whilst under our care.

The club have a safer recruitment policy which sets out our practice to ensure all staff and volunteers are suitable to work with children, young people and adults at risk. As part of our safer recruitment policy we ask every successful candidate to give their consent for us to obtain two written references and to provide us with documentary proof of qualifications.

The successful candidate will also be subject to a DBS/ Enhanced DBS check along with completing a self-declaration form as part of the recruitment process.

Any offer of employment will be conditional on these requirements being satisfactory.